LUNCH (ONE DAILY ROTATING SPECIAL)

TURKEY DIP SANDWICH
Served with cranberry sauce and au jus

HOMEMADE CHILI
Served with cheddar, onion, tomato and a warm cornmeal muffin

ASIAN CHICKEN SALAD
Served with egg rolls

DINNER (TWO DAILY ROTATING SPECIALS)

MARSALA CHICKEN
Served with a baked potato and fresh zucchini.

BAKED MEAT LASAGNA
Served with fresh zucchini.

BLOOM ENTREE:
GRILLED CHICKEN BREAST
Served with a tender baked potato and zucchini

CHICKEN AND DUMPLINGS
Served with fresh steamed spinach.

OVEN-BAKED SALMON
Basted with Garlic and Dijon, served with whole grain pilaf and fresh steamed spinach.
THE CASCADE

DAILY MENU

BREAKFAST
EGGS TO ORDER
PANCAKES OR FRENCH TOAST
HASHBROWNS
BACON OR SAUSAGE
OATMEAL
TOAST
COLD CEREAL OR FRUIT

LUNCH
FRESH DELI SANDWICHES
Premium Roast Beef, Oven-Roasted Turkey, Low-Sodium Ham, or PB&J.

SANDWICHES OR SALAD PLATES
Albacore Tuna Salad, Chicken Salad or Egg Salad

DINNER
GRILLED CHICKEN BREAST
Marinated with herbs and served with our featured starch and vegetable

ENTRÉE SALAD OF THE WEEK
Rotates weekly and seasonally

CHEESEBURGER
Served with french fries

PORTABELLO MUSHROOM BURGER
Served with french fries

OMELET
Served with your choice of toast.

FISH AND CHIPS
Served with french fries and homemade tartar