

..... The Bistro

... Hours: Lunch 11:30am-1:30pm, Dinner 4:30pm-6:00pm ...

... Starters ...

Soup of the Day
Bistro Side Salad
Caesar Side Salad

Fresh Cut Fruit
Coleslaw

Applesauce
Cottage Cheese

... Entrée Salads ...

... You can sub salmon or steak on entrée salads for an additional 2 points ...

***Weekly Salad Special ~ Spring Mango Salad** 10
on Romaine and Spring Mix with Goat Cheese, Bell Peppers, Chopped Mint and Basil, Toasted Almonds, Diced Chicken, and a Honey Lime Vinaigrette.

Spring Salad ~ 10
Romaine, Spring Mix, Sliced Strawberries, Candied Walnuts, Diced Chicken, Feta Cheese, Mandarin Oranges, and a Meyer Lemon Poppyseed Dressing.

Bistro Salad 10
Mixed Greens, Grape Tomatoes, Cucumber, Red Onion.
– Calories: 36 / Sodium: 70mg

Chicken Caesar Salad 10
Romaine, Chicken, Fresh-Shaved Parmesan, House-Made Croutons
– Calories: 320 / Sodium: 644mg / Fat: 24g
Salad dressings: Ranch, Blue Cheese, Honey Mustard, 1,000 Island, Raspberry Vinaigrette, Balsamic Vinaigrette, Oil and Vinegar

... Sandwiches ...

... Served with a side of your choice ...

***Weekly Panini ~** 10
Toasted Boar's Head BourbonRidge Smoked Ham and Havarti on Ciabatta with a Tart Cherry Spread and Arcadian Greens.

Hot Dog on a Stadium Bun 10
Nathan's all-beef hot dog on a soft stadium bun style roll

Fresh Deli Sandwiches 10
Boar's Head Low Sodium Turkey, Low Sodium Roast Beef, Low Sodium Ham, or *Chicken Salad. PB&J and Grilled Cheese are also Available
– All sandwiches are made on 9 grain bread unless otherwise requested, and include mayo with a tomato, lettuce and pickle garnish. You can also add Swiss or cheddar cheese to your deli sandwich.

Bread options: 9 grain, white, thick cut egg bread, gluten free. Inquire about any other possible bread choices.

Menu items marked with an asterisk are weekly items and change each Sunday*